Scene 1: Begins with close up with junk food and chip wrappers, camera slowly moves to show all ground littered with empty snack containers as initial credits role

Scene 2: Camera slowly zooms out to show Jane on floor in her dorm room and where she will have exchange with roommate and falls asleep

Scene 3: Jane wakes up and rushes out the door

Scene 4: Jane arrives at the DUC for breakfast and piles her tray with plates earning strange looks from everyone

Scene 5: Jane heads to class and camera shows reflection of a heavier Jane in glass door as she approaches Callaway for class, camera promptly swings around to direct shot of Jane and she looks normal without the weight

Scene 6: Jane takes the elevator even though it’s only one floor, again show reflection of her gaining even more weight

Scene 7: Jane is back at her dorm eating again, friend texts her to go to the WoodRec at 12:30 and she agrees

Scene 8: Jane stays up to 3 am working

Scene 9: Jane approaches mirror to get ready for bed and sees her weight gain in mirror, camera swings back around and shows her weight gain in direct shot

Scene 10: Jane wakes up showing it was all a dream; she cleans up the trash and empty food containers and rushes out the door

Scene 11: Jane shows caution at DUC, shot showing her balanced food choices as she turns down friend who wants to go to Zayas later that night

Scene 12: Jane takes stairs

Scene 13: Jane exits gym

Scene 14: Jane falls into bed at exactly midnight.